Welcome

Welcome!

Welcome to the Lothian Diary project! Here you can tell us what the Covid-19 lockdown was like for you.

Over the next few screens you will be able to:

1) Tell us how you would like us to use your data.
2) Send us the audio or video diary that you have already made.
3) Complete a short survey.

Then you will be given the choice of receiving £15 by bank transfer, a voucher to a local business, or a donation to charity.

For taking part, we can also make an extra donation of £5 to one of our charity partners! You will be given the chance to choose which one you’d like to support at the end of the survey (this will not affect your £15 payment).

When you are ready to start, click the blue arrow below.

If you have any issues using this survey, please contact us at lothiandiaries@gmail.com and we be happy to help.

Consent portal

Please choose from the following options. “The main person in the audio/video diary is...”

- ...a child age 5-12, and I am their parent/carer. I will answer survey questions on their behalf.
- ...a teenager 13-16, and I am their parent/carer. I will provide consent, but they will be asked to assent and will answer their own survey questions.
- ...an adult age 16+, and unable to consent for themselves. I will answer survey questions on their behalf.
- ...myself. I am age 16+, and a parent/carer to a someone under 16 who lives with me at least 50% of the time. I will answer my own survey questions.
- ...myself. I am age 16+, and none of the above. I will answer my own survey questions.

Consent - Age 5-12

Information & Consent

Please note that, by completing this page, you are confirming that you have read all of the information on our data usage questions page [opens in new window]. If you have not read yet read this information, please do so before continuing.

Name of the parent/guardian who will provide consent and complete the survey on the child’s behalf.
Name of the child appearing in the audio/video diary and responding to the survey questions.
(Information will be deleted from our files if you do not wish to give consent to participate.)

What year was the child in the audio/video diary born in?

We will now ask how you would like us to use your video/audio diary and survey responses. Please read each question carefully and select YES or NO for each.

Note: You can say "no" some of these and still participate.
(Questions marked "**" are compulsory.)

Consent for participation**:
I agree that the child named above may take part in this study, which involves audio/video recording and a series of survey questions which will be used by the research team for this research project.

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
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</table>

Agreements for reuse of recordings:
I agree that recordings of the voice/face of the child named above may be used by any member of the research team for any teaching or research presentation or publication (if you wish to ensure total anonymity, then choose 'no').

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
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<td></td>
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</table>

I agree that recordings of the voice/face of the child named above may be made publicly available for general use (e.g. used in radio or television broadcasts, or put on the world-wide web).

<table>
<thead>
<tr>
<th>YES</th>
<th>NO</th>
</tr>
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<tbody>
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</table>

Agreement for use of survey responses**:
I agree that survey responses entered here may be included in any publications resulting from this study, including online and other mainstream media publications. Responses will be kept anonymous unless I explicitly request anonymity to be waived.

Survey questions will cover your personal, professional and educational background, and how you have been affected by the Covid-19 pandemic. You may choose to skip any question.
How would you like us to refer to your child?

Please read the following statement and choose the option that you are most comfortable with.

I prefer that the child named above...

- [ ] be linked to their data by a fake name or pseudonym (please enter one below:)
- [ ] be linked to their data by a unique participant code (randomly assigned)
- [ ] be linked to their data by their real first name (as written above)

Consent failure - Exit

We're sorry to see you go...

If you have reached this page, it means that unfortunately you have chosen not to continue with the study. We would like to thank you for your time today!

If you have any questions about your rights or the use of your data, please have a look at our our FAQ page (www.lothianlockdown.org/faq). You can also contact the head of the Research Ethics Committee at the School for Philosophy, Psychology, and Language Sciences at the University of Edinburgh: ppls.rec@ed.ac.uk

If you have any other questions please contact the lead researcher, Dr Lauren Hall-Lew, at Lauren.Hall-Lew@ed.ac.uk

You may now close this window/tab.

(If you think you have reached this page in error, please click the button below to return to the start of the survey.)

Consent - Age 13-16

Information & Consent

Please note that, by completing this page, you are confirming that you have read all of the information on our data usage questions page [opens in new window]. If you have not read yet read this information, please do so before continuing.

Name of the parent/guardian who will provide consent for the young person's participation: (Information will be deleted from our files if you do not wish to give consent to participate.)

Name of the young person appearing in the audio/video diary who will answer the survey questions: (Information will be deleted from our files if you do not wish to give consent to participate.)
What year was the young person appearing in the audio/video diary born in?

We will now ask how you would like us to use your video/audio diary and survey responses. Please read each question carefully and select YES or NO for each. Note: You can say "no" some of these and still participate. (Questions marked "*" are compulsory)

Consent for participation*:
I agree that the young person named above may take part in this study, which involves audio/video recording and a series of survey questions which will be used by the research team for this research project. The young person named above also gives their assent to take part.

YES  NO  
☐  ☐

Agreements for reuse of recordings:
I agree that recordings of the voice/face of the young person named above may be used by any member of the research team for any teaching or research presentation or publication (if you wish to ensure total anonymity, then choose 'no').

YES  NO  
☐  ☐

I agree that recordings of the voice/face of the young person named above may be made publicly available for general use (e.g. used in radio or television broadcasts, or put on the world-wide web).

YES  NO  
☐  ☐

Agreement for use of survey responses*:
I agree that survey responses entered here may be included in any publications resulting from this study, including online and other mainstream media publications. Responses will be kept anonymous unless I explicitly request anonymity to be waived.

Survey questions will cover your personal, professional and educational background, and how you have been affected by the Covid-19 pandemic. You may choose to skip any question.

YES  NO  
☐  ☐

How would the young person like to be referred to?

Please read the following statement and choose the option that you are most comfortable with:
I prefer that the young person(s) named above...

- be linked to their data by a fake name or pseudonym (please enter one below:)
- be linked to their data by a unique participant code (randomly assigned)
- be linked to their data by their real first name (as written above)

Consent - Age 16+, Cannot Self-Consent

Information & Consent

Please note that, by completing this page, you are confirming that you have read all of the information on our data usage questions page [opens in new window]. If you have not read yet read this information, please do so before continuing.

Name of the person who will provide consent and complete the survey on the diarist's behalf (Information will be deleted from our files if you do not wish to give consent to participate.)

Name of the person appearing in the audio/video diary and responding to the survey questions (Information will be deleted from our files if you do not wish to give consent to participate.)

What year was the person in the audio/video diary born in?

We will now ask how you would like us to use your video/audio diary and survey responses. Please read each question carefully and select YES or NO for each. Note: You can say "no" some of these and still participate. (Questions marked "**" are compulsory)

Consent for participation**:
I agree that the person named above may take part in this study, which involves audio/video recording and a series of survey questions which will be used by the research team for this research project. The person named above also gives their assent to take part.

- YES
- NO

Agreements for reuse of recordings:
I agree that recordings of the voice/face of the person named above may be used by any member of the research team for any teaching or research presentation or publication (if you wish to ensure total anonymity, then choose 'no').

- YES
- NO
I agree that recordings of the voice/face of the person named above may be made publicly available for general use (e.g. used in radio or television broadcasts, or put on the world-wide web).

YES  NO

Agreement for use of survey responses*:
I agree that survey responses entered here may be included in any publications resulting from this study, including online and other mainstream media publications. Responses will be kept anonymous unless I explicitly request anonymity to be waived.

Survey questions will cover your personal, professional and educational background, and how you have been affected by the Covid-19 pandemic. You may choose to skip any question.

YES  NO

How would the person in the audio/video diary like to be referred to?

Please read the following statement and choose the option that you are most comfortable with:

I prefer that the person(s) named above...

• be linked to their data by a fake name or pseudonym (please enter one below:)
• be linked to their data by a unique participant code (randomly assigned)
• be linked to their data by their real first name (as written above)

Consent - Age 16+, Parent/Carer

Information & Consent

Please note that, by completing this page, you are confirming that you have read all of the information on our data usage questions page [opens a new window]. If you have not read yet read this information, please do so before continuing.

Please enter your name
(Information will be deleted from our files if you do not wish to give consent to participate.)

What year were you born?

•
We will now ask how you would like us to use your video/audio diary and survey responses. Please read each question carefully and select YES or NO for each. Note: You can say "no" some of these and still participate. (Questions marked "**" are compulsory)

**Consent for participation**: 
I agree to take part in this study, which involves audio/video recording and a series of survey questions which will be used by the research team for this research project.

- [ ] YES
- [ ] NO

**Agreements for reuse of recordings**: 
I agree that recordings of my voice/face may be shared with other researchers and used for any teaching or research presentation or publication (if you wish to ensure total anonymity, then choose 'no').

- [ ] YES
- [ ] NO

I agree that recordings of my voice/face may be made publicly available for general use (e.g. used in radio or television broadcasts, or put on the world-wide web).

- [ ] YES
- [ ] NO

**Agreement for use of survey responses**: 
I agree that survey responses entered here may be included in any publications resulting from this study, including online and other mainstream media publications. Responses will be kept anonymous unless I explicitly request anonymity to be waived.

Survey questions will cover your personal, professional and educational background, and how you have been affected by the Covid-19 pandemic. You may choose to skip any question.

- [ ] YES
- [ ] NO

**How would you like to be referred to?**
Please read the following statement and choose the option that you are most comfortable with:

I prefer that I...

- [ ] be linked to their data by a fake name or pseudonym (please enter one below:)
- [ ] be linked to their data by a unique participant code (randomly assigned)
- [ ] be linked to their data by their real first name (as written above)
Consent - Age 16+, NOT Parent/Carer

Information & Consent

Please note that, by completing this page, you are confirming that you have read all of the information on our data usage questions page [opens a new window]. If you have not read yet read this information, please do so before continuing.

Please enter your name
(Information will be deleted from our files if you do not wish to give consent to participate.)

What year were you born?

We will now ask how you would like us to use your video/audio diary and survey responses. Please read each question carefully and select YES or NO for each. Note: You can say "no" some of these and still participate. (Questions marked "**" are compulsory)

Consent for participation**:
I agree to take part in this study, which involves audio/video recording and a series of survey questions which will be used by the research team for this research project.

YES

NO

Agreements for reuse of recordings:
I agree that recordings of my voice/face may be used by any member of the research team for any teaching or research presentation or publication (if you wish to ensure total anonymity, then choose 'no').

YES

NO

I agree that recordings of my voice/face may be made publicly available for general use (e.g. used in radio or television broadcasts, or put on the world-wide web).

YES

NO

Agreement for use of survey responses**:
I agree that survey responses entered here may be included in any publications resulting from this study, including online and other mainstream media publications. Responses will be kept anonymous unless I explicitly request anonymity to be waived.
Survey questions will cover your personal, professional and educational background, and how you have been affected by the Covid-19 pandemic. You may choose to skip any question.

### How would you like to be referred to?

Please read the following statement and choose the option that you are most comfortable with:

*I prefer that I...*

- [ ] ...be linked to their data by a fake name or pseudonym (please enter one below:)
- [ ] ...be linked to their data by a unique participant code (randomly assigned)
- [ ] ...be linked to their data by their real first name (as written above)

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**Box upload pre-text**

Now we will ask you to upload an audio or video diary!

If you haven't recorded it yet, keep this browser page open, but take a minute to first read our [advice on what to include in the video](#), and then our [advice on how to make the recording](#). Then, come back here!

**Box upload inline**

Please upload your audio or video diary using the uploader below or [you can open the uploader in a new tab by clicking here](#) (opens a new tab).

**If you're using Safari, please click on the link above instead of using the box below.**

First, we need to ask you to manually enter the following code in the Video ID box:

```
NEW${e://Field/videoID}
```

Please also write down this code in case there is a problem with your upload.

We'll need this code to check everything is complete before you'll be eligible for payment!

Depending on the size of your file, and your connection strength, uploading can be a bit slow. Maybe go have a cuppa :)
Submit your video diary here!

Video ID *
Please enter the video ID above (on the survey):

Add additional information

Upload file(s) *
please submit your recording(s): e.g. .mp3, .m4a, .wav

Drag and drop files

Select files

Before submitting, please make sure that you trust this site, have the rights to the data and want to share this content to the owner of this file request.

Box Terms of Service | Box Privacy Notice

Be sure to click Submit in the uploader and make sure you see an upload confirmation!
Box upload post-text

What hardware and software did you use to make the recording?
(E.g., iPhone + built-in camera app + built-in microphone)

Introduction to Survey

Survey Questions

Now we'll ask you some questions so that we can make use of the diary you just uploaded, for research purposes.

Click the blue arrow to begin.

Your Household - block 1

Do you currently live alone?
(Answer from the perspective of the person in the audio/video diary)

☐ Yes
☐ No
☐ Prefer not to answer

Including yourself, how many people live in your household?
(Answer from the perspective of the person in the audio/video diary)

Who lives in your household with you (the person in the audio/video diary)?
Select all that apply

☐ Spouse/partner
☐ Child/children
☐ Grandchild/grandchildren
☐ Parent(s) or parent(s)-in-law, or equivalent
☐ Grandparent(s) or grandparent(s)-in-law
☐ Other family member(s), including children in care
☐ Paid caregiver(s)
☐ Friend(s) or other non-family member(s)
☐ I live in a care facility

Who else lives in your home?
(Answer from the perspective of the person in the audio/video diary)

Select all that apply
How many children in each of these age groups live with you?
(Answer from the perspective of the person in the audio/video diary)

<table>
<thead>
<tr>
<th>Age Group</th>
<th>0</th>
<th>1</th>
<th>2</th>
<th>3 or more</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 to 4 years</td>
<td></td>
<td>O</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5 to 11 years</td>
<td></td>
<td></td>
<td>O</td>
<td></td>
</tr>
<tr>
<td>12 to 15 years</td>
<td></td>
<td>O</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16 to 17 years</td>
<td></td>
<td></td>
<td>O</td>
<td></td>
</tr>
<tr>
<td>18 years and older</td>
<td></td>
<td>O</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Over the past year, has anyone in your household been contacted to tell them that they are at severe risk from COVID-19, because of their already ill health, and that they should be “shielding” (they should stay at home and reduce all contact with people outside their home)?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No

Your Household - block 2

What is your current relationship status?
(Answer from the perspective of the person in the audio/video diary)

- Married/in a civil partnership
- In a relationship, living together
- In a relationship, not living together
- Single
- Separated
- Divorced
- Widowed
- Prefer not to answer

Household 2 - block 1

Do you (the person in the audio/video diary) live in a...?

- House or bungalow
- Flat or apartment
- Hostel
- Mobile home or caravan
- Sheltered housing
- Homeless / Unhoused
- Prefer not to answer
- Other (tell us where):

Household 2 - block 2
Do you (the person in the audio/video diary) have caring responsibilities for any of the following people? Select all that apply

<table>
<thead>
<tr>
<th></th>
<th>Living with me</th>
<th>Living away from my home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Adults with a physical or learning disability</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Elderly relatives</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Other elderly persons</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Other adults</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Prefer not to answer</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>No caring responsibilities</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

COVID - block 1

How have you felt, during the lockdown periods, since March 2020? (Please choose no more than three.)

(Answer from the perspective of the person in the audio/video diary)

- [ ] Anxious/worried
- [ ] Bored
- [ ] Sad/depressed
- [ ] Irritable
- Other (please tell us more):

- [ ] Calm/relaxed

How have you felt since the beginning of the pandemic generally? (Please choose no more than three.)
(Answer from the perspective of the person in the audio/video diary)

How much has COVID-19 changed your daily routine since March 2020?
(Answer from the perspective of the person in the audio/video diary)

- Not at all
- A little
- Quite a lot
- A lot

COVID - block 2

How often have you been leaving your home since March 2020?
(Answer from the perspective of the person in the audio/video diary)

<table>
<thead>
<tr>
<th></th>
<th>Multiple times per day</th>
<th>Once per day</th>
<th>A few times per week</th>
<th>Once per week</th>
<th>Less than once per week</th>
</tr>
</thead>
<tbody>
<tr>
<td>During the lockdown periods</td>
<td></td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td>During non-lockdown periods</td>
<td></td>
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</table>

Do you feel comfortable going outside?
(Answer from the perspective of the person in the audio/video diary)
COVID - block 3

How strongly do you (the person in the audio/video diary) agree with the following statements:
What about the pandemic worries you the most?
(Answer from the perspective of the person in the audio/video diary)

How satisfied are you with the vaccine rollout in Scotland?
(Answer from the perspective of the person in the audio/video diary)
Have you received a Covid-19 vaccination yet?  
(Answer from the perspective of the person in the audio/video diary)
- Yes
- No

How many doses of the vaccine have you received so far?  
(Answer from the perspective of the person in the audio/video diary)
- 1 dose
- 2 doses
- Other (please specify:)

Will you choose to receive a Covid-19 vaccination when one is made available to you?  
(Answer from the perspective of the person in the audio/video diary)
- Yes
- No
- I don't know

Health behaviours - block 3

Have you (the person in the audio/video diary) been consistently following the Scottish Government's guidance on:
Have you (the child in the audio/video diary) been following the rules on:

Social distancing
Staying at home as much as possible
Self-isolating
Hand washing

Finding information - block 2

How difficult has it been for you to find good quality information about COVID-19?

(Answer from the perspective of the person in the audio/video diary)
How you spend your time - block 1

Thinking back to just before COVID-19 measures were introduced (i.e., January 2020), on average, how many hours per day did you (the person in the audio/video diary) look at or use social media? (including Facebook, Instagram, TikTok, Twitter, WhatsApp, etc.)

- None
- A few minutes here or there, throughout the day
- An hour here or there, throughout the day
- About half the day
- More than half the day

And, thinking about during the lockdown periods, on average, how many hours per day have you (the person in the audio/video diary) looked at or used social media? (including Facebook, Instagram, TikTok, Twitter, WhatsApp, etc.)

- None
Thinking back to just before COVID-19 measures were introduced (i.e., January 2020), on average, how many **hours per day** did you (the person in the audio/video diary) **play online games**? (e.g. Animal Crossing, Roblox)

- None
- A few minutes here or there, throughout the day
- An hour here or there, throughout the day
- About half the day
- More than half the day

And, thinking about **during the lockdown periods**, on average, how many **hours per day** have you (the person in the audio/video diary) **play online games**? (e.g. Animal Crossing, Roblox)

- None
- A few minutes here or there, throughout the day
- An hour here or there, throughout the day
- About half the day
- More than half the day

**Employment - block 1**

Which of the following apply? (If "unemployed", please skip this question)

(Answer from the perspective of the person in the audio/video diary)

- I am employed/retired (also including self-employment and volunteering). My current/primary job(s) is/was: 
- I am a student or school pupil. (Tick this even if you have left school since March 2020. We will ask about this later.)
- I am neither employed/retired, nor a student. (Please describe:)

Have you been made redundant since March 2020? 
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No

Have any of the following been true for you since the outbreak of Covid-19? 
(Answer from the perspective of the person in the audio/video diary)
How have your weekly working hours changed since before COVID-19 measures were introduced, as per your contract?
(Answer from the perspective of the person in the audio/video diary)

- Working more hours now
- Working the same number of hours now
- Working fewer hours now
- Not applicable

When COVID-19 restrictions were put in place, were you designated as a key worker?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No

Have you received, or do you expect to receive government funding (either the ‘Job Retention’ scheme or ‘grants to the self-employed’) to replace your income?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No
- I don’t know
- Not applicable

Have school and nursery closures affected your ability to do your job?
(Answer from the perspective of the person in the audio/video diary)

- Yes, a lot
- Yes, a little
- No

Employment - block 2
Have you found a new job during the Covid-19 pandemic?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No, but I'm actively searching for a new job
- No. I'm not currently searching for a new job

Compared to before COVID-19 measures were introduced (i.e., January 2020), how has your income changed?
(Answer from the perspective of the person in the audio/video diary)

- Income is higher now
- Income is the same now
- Income is lower now
- Not applicable

What was the total gross income of your entire household last year (before tax)?
(Answer from the perspective of the person in the audio/video diary)

Employment - block 3

How confident are you that the economy will recover after the COVID-19 pandemic is over?
(Answer from the perspective of the person in the audio/video diary)

- Not confident at all
- Not very confident
Employment for kids

Is at least one of your parents/carers a **key worker**?
*(This means someone - like a teacher, doctor etc. - whose job is so important that they have to keep working during the pandemic.)*

*(Answer from the perspective of the person in the audio/video diary)*

- Yes
- No
- I'm not sure

Education for all

Were you at school, college or university at any point during the pandemic?
*(Answer from the perspective of the person in the audio/video diary)*

- Yes, at school (please state the name of the school:)
- Yes, at college (please state the name of the course and college:)
- Yes, at university (please state the name of the course and university:)
- Prefer not to say.

How hard have you found it to study at home?
*(Answer from the perspective of the person in the audio/video diary)*

- Very hard
- Hard
How much do you agree with the following statements?
(Answer from the perspective of the person in the audio/video diary)

- My academic performance has been affected by Covid-19
- My post-school choices have changed because of Covid-19 (i.e. career choices, going to college, going to university)

How have these extracurricular activities been affected by the pandemic?
(Answer from the perspective of the person in the audio/video diary)

- They've stopped completely.
- They've moved online and I continue to attend.
- Other (please specify:)

Education for kids

How hard have you found it to study at home?
(Answer from the perspective of the person in the audio/video diary)

- Very hard
- Hard
- Quite hard
How much do you (the person in the audio/video diary) agree with the following statement?

- Covid-19 has meant that I haven't done as well at school as I usually do
- I've changed what I want to do after school (e.g., career, university) because of COVID-19

In January 2020, before the pandemic, did you do any extracurricular activities? (During-/After-school clubs, weekend school, etc.)

(Answer from the perspective of the person in the audio/video diary)

- Yes
- No

How have these extracurricular activities been affected by the pandemic? (During-/After-school clubs, weekend school, etc.)

(Answer from the perspective of the person in the audio/video diary)

- They've stopped completely.
- They've moved online and I continue to attend.
- Other (please specify:)

Comments:

Voting and political action

Which political party do you most closely identify with, if any?

(Answer from the perspective of the person in the audio/video diary)
How did you normally vote in UK/Scottish elections prior to the Covid-19 pandemic?
(Answer from the perspective of the person in the audio/video diary)
- In person
- By postal vote
- By proxy
- I don't vote
- Prefer not to say

How have you voted/will you vote in UK/Scottish elections during the Covid-19 pandemic?
(Answer from the perspective of the person in the audio/video diary)
- In person
- By postal vote
- By proxy
- I haven't/won't vote
- Prefer not to say
We are trying to understand how COVID-19 might have had an impact on your public engagement. Could you please tell us if you have participated in any of the following actions since March 2020?

*(Answer from the perspective of the person in the audio/video diary)*

Please select all that apply

- Signed a petition
- Joined in boycotts
- Attended peaceful demonstrations
- Joined strikes
- Donated to a political party or candidate
- Contacted government officials
- Occupied or blockaded a public space

Demographics - qualifications, ethnicity

What is the highest educational qualification you have obtained?

*(Answer from the perspective of the person in the audio/video diary)*

- Postgraduate degree (Master's degree, PhD, PGCE, PGdip, etc.)
- Undergraduate degree (Bachelor's degree, undergraduate Master's degree, etc.)
- Other professional or technical qualification
- NVQ or HND or HNC or equivalent
- Higher grade, A levels, AS levels or equivalent
- Standard grade, National 4 or 5, O levels, GCSEs or equivalent
- CSEs or equivalent
- School leavers certificate
- No qualifications yet (still in school)
- No qualifications
- Prefer not to answer
- Other (please specify): __________

What is your race and ethnic origin?

*(Answer from the perspective of the person in the audio/video diary)*

- White – Scottish
- White – English
- White – Welsh
- White – Northern Irish
- White – Irish
- White – Gypsy or Irish Traveller
- White - Polish
- Any other White background
- Asian or Asian British – Indian
- Asian or Asian British – Pakistani
- Asian or Asian British – Bangladeshi
- Asian or Asian British – Chinese
- Any other Asian background
- Black or Black British - African
- Black or Black British - Caribbean
- Any other Black/African/Caribbean background
- Arab or Arab British
- Mixed – White and Black Caribbean
- Mixed – White and Black African
- Mixed – White and Asian
- Any other Mixed/Multiple ethnic background
- Any other ethnic group
- Prefer not to answer
Background 1 (misc)

Have you always lived in Edinburgh or the Lothians?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No

Comments:

Where were you born and raised? (List multiple places if you need to, and be as specific as you want to be!)
(Answer from the perspective of the person in the audio/video diary)

Where did you attend secondary school?
(name(s) of school(s), name(s) of town(s))
(Answer from the perspective of the person in the audio/video diary)

What year did you start living in Edinburgh or the Lothians?
(Answer from the perspective of the person in the audio/video diary)

Are you a UK citizen?
(Answer from the perspective of the person in the audio/video diary)

- Yes
- No
- I'm not sure

What is your nationality?
(Answer from the perspective of the person in the audio/video diary)
What are the first 3-4 characters of your EH postcode? *(Answer from the perspective of the person in the audio/video diary)*
E.g. EH4; EH17 etc.

Background 3 (language)

What is/are your *native* language(s)? *(Any languages spoken from before age 5)* *(Answer from the perspective of the person in the audio/video diary)*

What language(s) are you *most comfortable* speaking? *(Answer from the perspective of the person in the audio/video diary)*

How often did you speak a language other than English (or Scots) in a typical day *before* the pandemic? *(If you don't know what Scots is, we encourage you to check out this website before answering [opens a new window]) *(Answer from the perspective of the person in the audio/video diary)*

- Never
- Not very frequently
- Quite frequently
- Very frequently

Were there any other languages that you were using fairly often *during the lockdown periods*? *(Answer from the perspective of the person in the audio/video diary)*

- No
- Yes, they were:

Sensitive questions

**NOTE TO PARENTS**

The following questions are sensitive, and may not be appropriate for the child or young person answering the survey. You/they can choose to skip any of these questions.

What is your *sex*? *(Answer from the perspective of the person in the audio/video diary)*

This question refers to the *sex you were registered with at birth*. We ask about which gender
you identify with in the next question. *If you are intersex but were no registered so at birth, please choose 'intersex' anyway.*

*(Responses to this and the following questions will be used by the researchers on the project who study differences in social experience by sex versus gender)*

What **gender** do you **identify** with?

*(Answer from the perspective of the person in the audio/video diary)*

- Male
- Female
- Intersex
- Prefer not to say
How would you describe your sexual orientation?
*(Answer from the perspective of the person in the audio/video diary)*

- Gay/Lesbian
- Straight
- Bisexual
- Asexual
- Pansexual
- Polysexual
- Other (please specify):
- Prefer not to say
- Not sure

If you're religious, what religion do you follow?
*(Answer from the perspective of the person in the audio/video diary)*

- Religious:
- Not religious, but identifying with a religion:
- Not religious
- Prefer not to say

Do you consider yourself to be disabled? If yes, please specify.
*(Answer from the perspective of the person in the audio/video diary)*

- Yes:
- No
- Prefer not to say

Mental health + developmental disabilities (neither children nor parents)

Have you ever been diagnosed with a mental health problem (e.g., depression, anxiety) or a developmental disability (e.g., ADHD, Autism)?
*(Answer from the perspective of the person in the audio/video diary)*
Please describe your history of mental illness or developmental disability.
(Answer from the perspective of the person in the audio/video diary)

Mental health + developmental disabilities (children/teens)

Have you ever been diagnosed with a mental health problem (e.g. depression, anxiety) or a developmental disability (e.g. ADHD, Autism)?
(Answer from the perspective of the child appearing in the video/audio diary)

- Yes
- No

Please describe your history of mental illness or developmental disability.
(Answer from the perspective of the child appearing in the audio/video diary)

Mental health + developmental disabilities (parents)

The following questions are directed at you as parents of the child in the audio/video diary. Please answer from your perspective.

The following questions are directed at the parents of the child in the audio/video diary. Please ask your parents to complete this section.

Has your child ever been diagnosed with a mental health problem (e.g., depression, anxiety) or a developmental disability (e.g., ADHD, Autism)?

- Yes
- No

Please describe your history of mental illness or developmental disability.
Have **you** ever been diagnosed with a mental health problem (e.g., depression, anxiety) or a developmental disability (e.g., ADHD, Autism)?

- Yes
- No

Please describe your history of mental illness or developmental disability.

What is the **sex** of your child?

This question refers to the **sex they were registered with at birth**. We ask about which gender they identify with in the next question. *If they are intersex but were not registered so at birth, please choose 'intersex' anyway.*

*(Responses to this and the following questions will be used by the researchers on the project who study differences in social experience by sex versus gender)*
To Parents: What **gender** does your child **identify** with?
(Answer from the perspective of the child of the person in the audio/video diary)

- Male
- Female
- Non-binary
- Prefer to self-identify
- Prefer not to say
- Don't know

What is your **sex**?

This question refers to the **sex you were registered with at birth**. We ask about which gender you identify with in the next question. *If you are intersex but were not registered so at birth, please choose 'intersex' anyway.*

(Responses to this and the following questions will be used by the researchers on the project who study differences in social experience by sex versus gender)
What **gender** do you *identify* with?

- Male
- Female
- Non-binary
- Prefer to self-identify
- Prefer not to say
- Don't know

**Final Questions**

**Any other comments?**

Would you like to refer *The Lothian Diary Project* to a friend? If so, please enter their name and e-mail address below.
If they take part too, you will earn an extra £5!

Name of the person you want to refer

Their e-mail address

Thank you! Please ask your parent or carer to fill out the questions in the next section.

Debrief

How can we thank you?

You have now finished the survey. Thank you very much for taking part!

On the next screen, we will ask you how you would like to be paid your £15 compensation.

Click the blue arrow to continue.

We would like to offer you £15 to thank you for your participation today.

You can choose if you want to:

- receive this £15 as a bank transfer,
- receive a £15 voucher to use at a local business, or
- donate this £15 to the charity of your choice

Which would you prefer?

(Remember, you can still donate an extra £5 to one of our charity partners, regardless of your choice here!)

- [ ] I would like to receive the £15 as a bank transfer.
- [ ] I would like to receive a £15 local business voucher.
- [ ] I would like the £15 to be donated to my charity.

You have chosen to receive your £15 as a bank transfer.

In order to do this, we need to you for the following details:

- The name of the person whose account we will transfer the £15 to (as it appears on their card).
- The sort code of the account.
- The account number.
- Your address.
- Your e-mail address.

We collect these details only so that we can process your payment. They will be stored in a single spreadsheet on accessible to the project team. They will not be shared with any third party, and they will be deleted as soon as payment is made.

If you would prefer not to fill in these details here, you can leave this page blank and contact us at lothiandiaries@gmail.com, and we will arrange to take your details over the phone.

Full name, as it appears on your card.

Address
Please verify that you have entered your details correctly. If you are sure these details are correct, click the box below:

(Note: when you check this option, an automatic e-mail will be sent to Lothian Lockdown to confirm that your payment details are correct. This will allow us to process your payment. The e-mail looks like this: "I, [YOUR NAME] confirm that my bank details are correct as entered within the Lothian Lockdown survey.")

I confirm that the details I have entered are correct.

You have chosen to receive a £15 voucher for a local business.

In order to process this for you, we need to ask for the following details:

- Your full name
- Your e-mail address
- The names of 2-3 local businesses that you would prefer to receive a voucher for (e.g. Topping & Company Booksellers, Café Strange Brew, Paper Tiger....)

We collect these details only so that we can process your payment. They will be stored in a single spreadsheet on accessible to the project team. They will not be shared with any third party, and they will be deleted as soon as payment is made.

If you would prefer not to fill in these details here, you can leave this page blank and contact us at lothiandiaries@gmail.com, and we will arrange to take your details over the phone.

Please verify that you have entered your details correctly. If you are sure these details are correct, click the box below:

I confirm that the details I have entered are correct.

You have chosen to donate your £15 to charity.

In order to process this for you, we need to ask for the following details:

- Your full name
- Your e-mail address
- The name of the charity that you would like us to send your £15 to.

We collect these details only so that we can process your payment. They will be stored in a single spreadsheet on accessible to the project team. They will not be shared with any third party, and they will be deleted as soon as payment is made.
If you would prefer not to fill in these details here, you can leave this page blank and contact us at lothiandiaries@gmail.com, and we will arrange to take your details over the phone.

Full name

E-mail address

Names of charity you want us to make a donation to

Please verify that you have entered your details correctly. If you are sure these details are correct, click the box below:

☐ I confirm that the details I have entered are correct.

Would you like us to tell you about the results of the study?

Select “Yes”, and we will retain your email address in order to email you the results of the study. Your email address will be deleted after we’ve sent you those results.

Yes  No

Support one of our charity partners!

We are donating £5 to our charity partners for every survey taken in 2021. Which one would you like to support today?

(To find out more about each charity, visit our Community page [opens a new window])

☐ Streetwork  ☐ LinkLiving  ☐ West Lothian Financial Inclusion Network
☐ Carr Gomm  ☐ People First (Scotland)  ☐ Super Power Agency  ☐ Dr Bells Family Centre
☐ Redwoods Caring Foundation  ☐ Edinburgh Direct Aid  ☐ The Welcoming Association
☐ Edinburgh Direct Aid  ☐ Thistle Foundation  ☐ EdinBURGH Society of Model Engineers
☐ People First (Scotland)  ☐ The Edinburgh Society of Model Engineers

Were you referred to us by a Lothian Lockdown Young Researcher?

If so, please enter their name below. We will track their submissions and you could help them to win a special prize!


Thank you!

Use the text and links below to share our project on social media.

I just took part in the Lothian Diary Project and earned £15! Why not join me? Click here to get started:
www.lothianlockdown.org/participate

Click to Tweet! (Opens in a new window)
I just took part in the Lothian Diary Project and raised money for charity! Click here to join me:
www.lothianlockdown.org/participate

For information about supporting your mental health and well-being during this time, check out the [Where to find help page on our website](https://edinburgh.eu.qualtrics.com/Q/EditSection/Blocks/Ajax/GetSurveyPrintPreview?ContextSurveyID=SV_eJobSGQiGAtf2nk&ContextLibrar).

Other things you can do:

- Refer a friend! If they take part, you will earn an additional £5 (they will need to give your email address).

- If you have any questions or decide you would like to change the way we can use your data, contact the lead researcher, Dr. Lauren Hall Lew.
- You can find out more about your rights by contacting the Research Ethics Committee.

Thank you again for participating in the Lothian Diary Project. You can contact us at any time at lothiandiaries@gmail.com. Stay safe!

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